



www.familyrefugecenter.org

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Domestic Violence Awareness Month

Staying at the Refuge Center was a life changing experience for myself and my two children.

For the last six years I have been in a domestic violence situation, scared that one day I would be killed. When I arrived at the Refuge Center I met the most kind-hearted and understanding people. They helped me so much. They took me and my kids to doctor appointments and anything that needs done gets done: like getting birth certificates and Social Security cards after we lost everything, and having tutors helping my kids with school work. Me and my children had a therapist to talk to about our traumatic experience to help us through it.



It felt like a family. I take that back—they are my family in my heart. I now have my own place, which they helped me get, and they still help my kids with school and getting us to appointments. My life has changed so much. I am now more positive in knowing that I am a survivor.

Thanks for everything. I don't know what would have done if it wasn't for an organization like this.

Truly,
A Survivor

FRC Board of Directors

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Board of Directors meetings are held on the 2nd Monday of every month at 5:30pm

Help The Family Refuge Center Continue to Serve Our Community

Renew your friendship or become a friend of the FRC and help us end domestic and sexual violence in our community.

Enclosed is my contribution of: \$25 _____ \$50 _____ \$100 _____ \$250 _____ \$500 _____ Other _____

No donation is too large or too small.

Thank you for your contribution!

A receipt will be sent to you upon our receipt of your donation.

Neighborhood Investment Program (NIP) Donation \$500 _____ Other _____

Name and Address: _____

Please return this form with your donation to:

The Family Refuge Center
P.O Box 249
Lewisburg, WV 24901

Upcoming Events:

"Precious"
Showing October 10th
6:30pm at the Lewis Theater

T.O.O.T
October 12th from 11am-3pm

Sign up for digital newsletters at our website
www.familyrefugecenter.org

The Family Visitation Center is a free outreach project of The Family Refuge Center providing monitored visitation and exchange services in a safe, neutral, child centered environment. We strive to put the children's safety, needs and interests first. We have put together a wish list for our Visitation Center to make the environment more enjoyable for the children and to have fun while visiting with their parent.

- | | |
|----------------------------|--------------------------------|
| Sand box | Outdoor basketball rim |
| Play dough w/ play sets | Easel – markers, chalk |
| Bikes, wagons, riding toys | Baby dolls, stroller, carrier |
| Bean bags | Outside toys, activities |
| Play kitchen set | Play tents |
| Legos, building blocks | Toy instruments, singing dolls |
| Paints, crafts, paper | Cars, trucks, tracks |
| Board games, puzzles | Storybooks |
| Playhouse | Bubble table |
| Baby toys | Money for wall decorations |

Any and all donations are greatly appreciated!
Brittany Nutter
Visitation Center Coordinator

A Message From Our Interim Director, Rece Lynn



My journey with FRC began in the spring of 2005 while working as an intern under Executive Director, Gloria Martin. I witnessed the necessary commitment, empathy, and tireless effort this unique staff demonstrated over and over again while supporting survivors of domestic and sexual violence.

I returned to FRC as an advocate in January of 2012 as an energetic rookie offering help at every opportunity and in any way, eager to sharpen and focus as an agent for change in our community. I carried that drive into my promotion as Business and Grants Manager in November. And now, as Interim Director, I am still in awe of the professionalism, passion, and compassion shown by this incredible staff and our community response partners.

The Family Refuge Center is, after all, a unique organization, tasked with a fundamentally uncomfortable mission few people wish to talk about, much less try to accomplish. The challenges of late - funding cuts, building damages, and staff transitions - have been burdensome. Chances are, these challenges will continue in some form or another, as that is the nature of work we do. However, I believe The Family Refuge Center to have huge heart and to be resilient in its efforts to remain committed to the people and families it serves. That said, I also believe it takes a caring community as well as individuals with shared passion to fulfill our mission. Community commitment is the foundation of this organization!

I ask you to please renew your commitment to our mission once again with your continued support. The victims of domestic and/or sexual abuse may not be able to thank you in the manner you deserve; but they certainly understand that without you, The Family Refuge Center would not be the lifeline they so desperately need to re-imagine a future without abuse.

FRC Donors:

You Make Our Work Possible

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Presbyterian Women of
Old Stone Church
Judith Lucas
Old Stone Presbyterian Church
WVSOM Foundation
Glen Tallent
Emily Landseidel
Lewisburg Rotary Club
Mary Lou Lumsden

THANK YOU ALL!

FRC WELCOMES NEW STAFF MEMBERS



Jake Maynard - Tutor

An experienced tutor, Jake comes to the FRC from The Tutoring Center in Lewisburg. He's also served as the Outreach Coordinator for the West Virginia Wilderness Coalition. Jake graduated from Hiram College in Ohio.

Janet Lee Swift - Business & Grants Manager

Janet spent around 15 years in banking operations management, and then eight years doing government contract compliance work. When the kids left for college she joined her husband in his business and spent five years driving team with him as an over-the-road truck driver. Shortly after they moved to Greenbrier County from Vermont, Janet was invited to sit on the FRC board which she did for several years before joining the staff.



Missy Nothem - Sexual Assault Advocate

By profession, Missy is a Registered Nurse, and has worked in many facets of medicine over the last 30 years. She looks forward to utilizing some of her medical knowledge in her new position with the Family Refuge Center.

Pam Pritt - Community Education & Communications Coordinator

Pam is the former editor and part owner of The Pocahontas Times in Marlinton, where she worked for more than 15 years. She's married to her high school sweetheart, and they have two daughters, a son-in-law, a rescue dog, and a couple of grand-puppies.



- Taco Bell
- Papa Johns
- Total Tech Heating and Cooling
- Holiday Inn Express
- In Memory of Nancy Jarrell
- Shirley Runyon and Family
- Gabber Brothers Construction
- First National Bank
- Greenbrier Physicians
- 50 East
- City National Bank

- Northern Greenbrier Health Clinic
- Greenbrier Medical Arts Pharmacy
- L&S Pistol Range, LLC
- Seneca Trail Animal Hospital
- Alleghany Motors
- Pipestem Resort State Park
- Smooth Ambler Spirits
- Grand Home Furnishings
- The General Lewis Inn
- Sue Spicer, State Farm Insurance Agent